

TOGETHER

Summer 2019

June to August
Distributed free within the Benefice

Helmingham, Debenham

Framsden, Kenton

Sellaugh, Popall

Winston



THE BENEFICE OF
DEBENHAM & HELMINGHAM

From the Rector

I sit quietly, silently, watching the shapes shift and float behind my eyelids. I am searching for peace, searching for guidance... searching for God. I want God to be with me so that I might feel better, stronger, guided, helped, healed, forgiven.

I have come here, to sit in this silent church building to be quiet, to be with God, hoping that it will be lovely; wanting the being here to make me feel better.

As I sit quietly, I feel God says to me, 'Is that why you are here? To make you feel closer to me; to make you feel better?' It is a gentle thought. There is no anger, not even disappointment. It is a thought. It is a voice of love. And my heart breaks and tears roll down my face. And God says, 'I want you. I WANT YOU. I want you to want to be with me. I want you to be with me because you think I am lovely. I want you to be with me because it is a lovely thing for me, for God, that you would want to spend time with me. I, God, want to spend time with you - and you with me - for my sake, not for yours.'

'But, God,' I say, 'you are all beauty, all goodness, all wonder, why would you want me to want you. I am nothing compared to you. I am broken and wrong and so very weak, why would you want anything from me. Why would you want me?'

'Because I love you,' says God, 'and I want you to love me, not to use me as a feel good, comfort blanket. But for you to be here, before me, with me, because... well, you do it because it makes me feel better having you with me.'

My tears stop in a moment of shocking realisation. This... all this... faith... this sitting here in silence, it is not about what God can offer me, what God can do for me, for us. It is about what we, what I, can do for God.

God wants us to love God. To love God, not because it makes our lives better, although it does; not because it makes the world a better place, although it does; not because it makes me (little by little) a better person, although it does. God wants us to love God because God loves us.

In the same way that unrequited love is painful for humans, so it is for God when we do not love God. God loves us and longs for us to love God, not in return, this is not some deal or bargain. God will love us not matter what. But God wants us to love God because of who, what and how God is. Beautiful.

My tears have gone and I have found for this 'beautiful' moment, peace. I open my heart and offer my meagre, earthly, human love and I feel stronger, helped, healed and forgiven. I feel enveloped in a warmth, a radiance, pure and eternal. God's love.

Susan Bates

PETITIAUGH

The Marvellous Marmalade Competition was held in March and attracted a



Summer Sensations


Join The Black Barn Singers for a
Charity Concert & Pimm's
Conductor

Pam Vinten-Phipps
Friday 28 June 2019

6.30pm for 7pm Start

Winston Church, Winston Village

Tickets sold on the door
in aid of Parkinson's UK
£5 per adult, children free
01728 861028



large number of entries for the three classes of marmalade. A highlight of the event was the Cake Sale with tables of savoury and sweet delicacies which were soon snapped up by the people who came to the event and enjoyed conversation over coffee and cake. We are very grateful to the ladies who worked so hard to provide all the cakes and savouries. The money raised by the event, nearly £400, will be a great help in meeting the cost of maintaining the church building. Work has recently been needed to replace flashing and broken tiles which led to leaks in the roof. This, in turn, caused damage to the ceiling requiring costly professional repairs using traditional materials in keeping with the Grade 2 listing of the ancient building.

The Easter services were well attended including a period of quiet reflection on the Saturday evening and a full church for the Easter Sunday service. The Benefice Service will be held in our church on Sunday 30th June when we will welcome those from other churches in our Benefice.

The family from 4 The Green has moved and we welcome the new residents. Pettaugh residents need to be aware of the disruption to traffic along Ipswich Way at some period later



Evensong at Pettaugh

Third Saturday each month

Said Evensong at St Catherine's Pettaugh at 5.30 p.m. The service should last around half an hour at most. All are welcome.

this year when the water main between Pettaugh and Crowfield is due to be replaced.

There have been a number of reports from Suffolk police of break-ins to garden sheds in the local area. A favourite target is mowers and power tools. Parishioners are encouraged to ensure all outbuildings are securely locked and to report any suspicious activity.

The churchyard continues to be kept in a neat state and we are grateful to Colin Rowe for the service he has provided over many years in mowing the grass. Repairs have also been required for one of the grave monuments which presented a safety risk and we thank Franceys for his skilled work in restoring the monument to a safe state. As summer approaches we look forward to the exuberant wild flower display in the meadow and would encourage all parishioners to take a stroll through the meadow to enjoy a scene of beauty and tranquillity.

HELMINGHAM

The Helmingham PCC would like to thank everyone who has contributed to the ongoing restoration of St Mary's. In 2018 we were able to reopen the south porch entrance thanks to generous grants from the Suffolk Historic Churches Trust, the Scarfe Charitable Trust, the Alfred Williams Charitable Trust, the Ganzoni Charitable Trust and the Cranfield Charitable Trust.

Three weddings are planned to take place at St Mary's during 2019, on June 22nd, July 6th and August 24th.

The Old School House Nursery

The children of The Old School House Nursery have been trying out Yoga on a Tuesday morning at Nursery. We have used a programme called MOOVLEE which supports concentration and focus as the children experiment with shapes and forming animal poses. The monkey jumps over squares, crouches into a triangle and kicks a circle amongst other moves. The children benefit from balancing, realising that they need space and being aware of others around them! It is proving very popular and one we will continue through the Summer Term.

We had a visitor to Nursery on our last week of term. Bridgett the lamb came and was a big hit with all the children. She was so good at being patted and went for a little walk around our playground, with children in tow, quite happy. Being only 3 weeks old she then needed feeding and the children were fascinated as she drunk down a whole bottle of milk really quickly. It was a real WOW factor for the children to be able to feel her wool with one child saying "feels like carpet" as very short. She nuzzled the hands that were offered and made friends with all the children. Thankyou to Pauline Cobley for bringing her along.

The children are fascinated at the moment with the abundance of Ladybirds inside and out at Nursery so they have decided to build a Bug Hotel for the garden. Stuffing toilet rolls with hay and grass, putting in fire cones, broken pieces of

garden pots to make mini caves and egg boxes to provide warmth. We then took this out and placed in a corner of the Nursery and one child put a cane up to top so the bugs could climb to the top! We have added to this Bug Mugs with bamboo canes in for bees and insects. These are hanging in the tree which will provide cover once the leaves return for the Summer. Huge thank you to all our parents who have donated crates, bamboo, fircones etc.

Come and have a visit in our grassy garden as this becomes our main area of learning with the Summer hopefully bringing the warmer, dry weather. Calls us on 01473 890950 or visit our face book page to see what we are up to 'OSHN Helmingham'.

Website www.theoldschoolhousenursery.com

Email: theoldschoolnursery@btinternet.com

WINSTON

"Shirley, Denise, James and family would like to thank everyone for all the kind messages and cards that we have received since the loss of Norman. Thank you for all those who attended the funeral. A special thank you to Veda for the lovely service and Andrea for making things run so smoothly. Thank you for thinking of our family at this sad time." We send our deepest sympathy to the family of Norman Cook who passed away on 9th February. He was well known for his expert hedge cutting.

The Schoolroom was packed for the 25th Annual Winston Quiz in March. It was a very close competition again this year with one point between 1st and 2nd places. Many thanks to Lynn for setting the questions, to all who provided the refreshments and to Sandra for the draw (£93). The total raised £273 goes towards the Schoolroom fund.

We welcome Martin and Anushka to Bakers Lane, Winston Green and hope they will be very happy in our village.

The church looked lovely for the Easter Sunday service. Many thanks to all the flower arrangers.

Many thanks to the Parish Council for organising the litter pick (scheduled for 26 April).

The **Annual Winston Fete and Craft Market** takes place on **Saturday 8th June, 2pm** in and around the Schoolroom. Following the very popular Christmas Market, we will be combining a craft market with the fete. The Craft Market will be held in the church. To book your stall please contact Kate Branch 01728 861004 or cmc-branch@btinternet.com. *Entry and car parking will be free to both events.* The fete is our main fundraiser so please think of us for books and 'white elephant' items.

We would also like cakes etc. for the teas and cake stall. If you have any new ideas for the fete or would like to help in any way please let one of us know:

Veda 01728 861363

Sandra 01728 860040

Emma 01728 861303

Kate 01728 861004

Ann 01728 860342

We look forward to the Summer Sensations Concert by the Black Barn Singers (see the poster on page 3)

We are in the early stages of organising a Pet Service on **Sunday 15th September at 2pm** in the church, followed by a Pet Show at the Schoolroom. You do not need a pet to come to the service as all are welcome! Refreshments will also be available. Please call Rev Susan or Veda for more details. *Please note there will be no evening service on that Sunday.*

Winston Parish Council

On 7 May we welcomed Lizzie Taurozevicius, Tina Olphert and Julie Nightingale as new members of the Parish Council and they join Will Haag and Lucy McKenzie who remain in post. Phil Tempest and Clinton Summers have stood down from the Council and the continuing members placed on record their thanks for Phil's work as Chairman of the council over the last 8 years and Clinton's contribution over more than 25 years. Both Phil and Clinton have worked hard to preserve our rural environment and Clinton was a key member of the Council promoting the commissioning of the Village sign. Roger Guthrie has also stood down as a Councillor and has agreed to take over as Parish Clerk in place of Lizzie Taurozevicius. The new Council would welcome suggestions from the parishioners for future initiatives to further strengthen Winston as a thriving local community. Don't forget our website is www.winston.onesuffolk.net and members of the Council can be contacted via the Clerk on winstonsuffolkpc@gmail.com.

FRAMSDEN

At the time of writing Holy Week has just come to an end.

Easter Sunday provided us with an enjoyable service in a lovely surrounding. The Church looked at its best with a beautiful array of flowers in baskets and vases stretching from the Porch to the Nave to the Chancel and the Altar. Many thanks ladies for all your efforts.

At 7pm on Maunday Thursday evening a bell was tolled for seven minutes. St. Mary's joined in with other churches in the Benefice in showing solidarity with the faithful and the people of Paris in light of the fire at Notre Dame

Framsdén Village Fete

Saturday 29 June (early afternoon onwards)

Will you be relaxing with a drink and BBQ listening to live singing and music, or competing in the light hearted dog show kindly judged by Lady Tollemache? How about battling it out on the tug-o-war? We will have a children's entertainer, face painting, balloon modelling, an array of stalls including children's newly new clothes and various games for children and adults alike. A chance to win some fabulous prizes in our raffle too, along with delicious cream teas. So come and join us at Framsdén Village Hall for a summer's afternoon of traditional entertainment! Look out for a posters advertising various timings nearer the date.'

Three events since Christmas were well attended. A Ceilidh in January was a lot of fun and *The Secret Life of Bees Part 2* was both interesting and informative. The Paella Evening proved to be a great success. Both the Paella and the desserts were well received with many guests going up for seconds! Thank you so much to the team of eight for providing the desserts. Our thanks also to The Pub Group for looking after the Bar in such a professional manner. Thank you to all our organisers and followers.

On **Saturday June 23rd** with kind permission of Lord and Lady Tollemache there will be a drinks party at Framsdén Hall and Gardens. A glass of Pimms or wine or soft drink will be available on arrival. That is just the start of the evening. Tickets can be purchased from Christine at the end of May onwards. Tickets cost £10 each.

Framsdén Fundraisers

It's been a quiet start to the year for us which has given us time to plan for the major events ahead, more details of which can be found elsewhere in this magazine. In summary, they are:

- **Framsdén Village Fete – Saturday 29 June** early afternoon onwards. A fun-packed schedule planned!!! (*FF and church*)
- **Framsdén Village and Produce Show – Saturday 7 September.** Schedule, Entry Forms, Rules can be found at www.framsdén.org.uk, also at the Village Hall and Church. GROW, MAKE, BAKE, CREATE
- **Framsdén Barn Dance – Saturday 21 September** at Framsdén Hall Barn, courtesy of Lord & Lady Tollemache More details to follow in next issue.

Do make sure you have these dates in your diaries!

As we have mentioned before, our main fundraising focus at the moment is the updating of the children's play area in the village once plans have been agreed. In the meantime we were delighted to support the Parochial Church Council in Framsdén with a donation of £500 towards the repair of one of the stained glass windows in St Mary's Church.

If you'd like to keep in touch with what's going on in Framsdén please join our email distribution list by contacting us on framsdénfundraisers@gmail.com.

Mark & the FF team

Framsdén Woodland Group

The next event will be the annual plant sale on **Sunday 9th June**. More info and photos on the Framsdén Woodland Group blog (framsdénwoodlandgroup.blogspot.com) or contact framsdénwoodlandgroup@gmail.com

DEBENHAM

Heads Up - Table Top Sales are back!

Saturday 25th May & Saturday 24th August. 10am 'til 12pm

At Dove Cottage. Bring out your goodies, sell or swop. Table fees £5 in aid St. Mary's Church. Contact John on 01728 861736 to book your space. Two hours to rummage and find that hidden treasure.

Refreshments available. "The sun will shine and the Team will play!"

Friends of St Mary's



- **Jazz in the Barn – Sunday 16th June.** At Crow's Hall, Debenham IP14 6NG. featuring **The Dave Browning All Stars** (Dave Browning - Piano, Bob Kerr - Trumpet, Paula Masters - Clarinet, George 'Kid' Tidiman - Trombone, John Sirret - Double Bass, Brian Henderson - Drums). Plenty of parking. Grounds open from 1pm, Picnic before or after. Music starts at 2 pm, finishing about 4.30. **Tickets £15** from Mrs R. Watts on 01728 860255 email: wattsdebenham@aol.com.
- **Coffee Morning & Sale of Home Baked Goods – Saturday 20th July.** Both Savoury and Sweet, including Gluten Free. In Dove Cottage, 10 am until 1 pm. Please support us, you will get a warm welcome.

Debenham Library

Our next Film Evenings are as follows:-

Friday 21 June: *Some Like It Hot* (1959 version)

This classic, hysterical comedy from director Billy Wilder finds Tony Curtis and Jack Lemmon masquerading as women in order to elude irate Chicago mobsters while befriending a beautiful singer (Marilyn Monroe). 117 Minutes, B&W, Cert 12.

Friday 13 September: *to be decided* (suggestions always welcome!)

Tickets: £5, Bookings: 01728 861940 / 07507 802360 or Debenham Library. Also from Websters Newsagents. Doors open 7pm, film starts 7.30pm. Licensed Bar, Ice creams. Car Parking available.

Sunday Afternoon Teas, 2-4pm

Once a month in the summer tea, scones and cakes will be served. And you're allowed to chat! Dates are 19 May, 19 May, 16 June, 21 July, 18 August, 15 September.

Bookshoots, Thursday 30 May (Half Term) at 10.15am until 2pm

Read the book before, come and watch the film and discuss. Lunch and ice creams provided. Film/book: *Wonder* by R J Palacio. Suitable for children over 9 years old, teenagers and adults of any age. Speak to Maureen in the Library if you are interested in taking part! (01728 861940)

Books, DVDs, Newspapers, WiFi, Computers, CDs, audiobooks, downloadable music/audiobooks/ebooks, free reservations, drinks. The room is available for hire outside opening hours.

Tuesday 0930 am – 1300 pm
1500 – 1930 pm
Saturday 0900 am – 1300 pm

Wednesday
Sunday 1200

Winston School Room

is available to hire: see back page for details.

– 1600 pm

Tel: 01728 861940 www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: Friends of Debenham Library

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1045-1100

Debenham, Gracechurch Street/Henry Street 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Helmingham Forge, Thursdays 1240-1250

Kenton, Garney's Close, Thursdays 1220-1235

Pettaugh, Old Bull, Fridays 1535-1555

Debenham Shed

Join us on **Saturday 18 May** for a family BBQ from 12.30-4pm. Come and see our facilities. There will also be a short AGM and re-election of officers.

We have a well-equipped 40' container with workbenches and a good collection of hand and power tools. Open Friday afternoons from 2-5pm. Also some Saturdays by appointment (contact one of the officers below).

The Debenham Shed is at 2 Fields, Low Road (IP14 6BJ). Debenham Shed Officers: Les Wright 07793 470694, Bernard Rose 07950 402928, Tony Hutt 07906 614328 (to receive regular news by email contact tony@tonyhutt.co.uk).

Our Facebook page is www.facebook.com/groups/DebenhamShed. Affiliated to UK Men's Shed Association.

Editor's notes

The Copy deadline for the next *Together* (March to May) magazine is **25 July**, normally published about two weeks later. Quarterly, A5 format. 700 copies printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmbranch@btinternet.com (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at www.achurchnearyou.com/debenham and earlier copies are available at www.issuu.com/tonyhutt.

Useful Village and Church Links

Debenham website and PC www.debenham.onesuffolk.net

Framsden PC www.framsden.onesuffolk.net

Framsden village www.framsden.org.uk

Winston website and PC www.winston.onesuffolk.net
 Pettaugh website and PC www.pettaugh.suffolk.cloud
 Framsdén Baptist Church www.framsdénbaptist.org
 Forge Church (Debenham) www.forgechurch.com

Cathedral

Sunday 12th May, 2.30pm in Debenham Church

A dramatic musical story for narrator and piano

The history of the desecration of Norwich Cathedral, by followers of Oliver Cromwell, told in words and music.

Composers Sue Heaser and Peter Cresswell, Pianist Matthew McCombie, Narrator Leslie Dumbell

Tickets £10, children free, Available at the door and at Websters' Newsagents, Debenham. Light refreshments afterwards in Dove Cottage

All proceeds for St Mary's Church, Helmingham

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Catching the Fire *including the commissioning of Lightwave Leaders*

You are warmly invited to 'Catching the Fire' on **Sunday 9 June** at St Edmundsbury Cathedral, followed by a picnic. This Pentecost worship for all, led by Bishops Martin and Mike, will be the culmination of the wave of prayer 'Thy Kingdom Come'. Before arriving at the Cathedral Bishops Martin and Mike will be visiting some of the places in the county where creative prayer and mission is taking place.

Worship will be sung by the Cathedral choir as well as a choir and musicians drawn from across the diocese. As a sign of the light of Christ with which we are called to shine in our world, we will distribute and light candles which will continue to be used in churches, fresh expressions and small groups in prayer in the months ahead. The service will include the Bishop's commissioning of leaders in Lightwave, our new county-wide Fresh Expressions Community. Please come to your Cathedral and hold this exciting new initiative in your prayers.

4.00pm – Worship in the Cathedral

5.00pm – Picnic outside the Cathedral

Bring your own picnic, or contact cathedralinvitations@stedscathedral.org by 3 June to book a picnic with Pilgrims' Kitchen.

John Bell at St Edmundsbury Cathedral

Saturday 26 October 2019

International speaker, composer, broadcaster and minister - earmark this date for an inspirational day exploring the music of the Iona Community.

Full details of this and other events in the pipeline will be at www.inharmony.stedscathedral.uk

Suffolk Theology Forum

Exploring Christian theological issues in an open, non-partisan way

Thursday 11 July

Dr. Beth Phillips, Tutor in Theology & Ethics, Westcott House

Ethics of Conflict and Violence

At Co-op Education Centre, Fore Street, Ipswich 7.30—9.15 pm
Pedestrian entrance—11 Fore Street, Ipswich IP4 1JW. Walking distance from bus & train stations. Free car park, entrance on Waterworks Street
Entrance £5 or free to student card holders. Open to all, no need to book

Queries and information:

Vanda Broughton, Forum Secretary: 01728 748280 or v.broughton@ucl.ac.uk

See the full 2018-2019 programme at www.eefa.net/stf. Also on Facebook

Church services in the Debenh

June 2019	Helmingham	Framsden	Pettaugh
2nd Easter 7			
9th Pentecost		11 am Morning Prayer	11 am Holy Com-munion
16th Trinity	11 am Holy Com-munion	9.30am Holy Com-munion	
23rd Trinity 1			11 am Morning Pray-er
			10am Benefice Ser-vice
July 2019	Helmingham	Framsden	Pettaugh
7th Trinity 3			
14th Trinity 4		11 am Morning Prayer	11 am Holy Com-munion
21st ^h Trinity 5	11 am Holy Com-munion	9.30am Holy Com-munion	
28th Trinity6			11 am Morning Pray-er
August 2019	Helmingham	Framsden	Pettaugh
4th Trinity 7			
11 th Trinity 8		11 am Morning Prayer	11 am Holy Com-munion
18 th Trinity 9	11 am Holy Com-munion	9.30am Holy Com-munion	
25 th Trinity 10			11 am Morning Pray-er

am and Helmingham Benefice

Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30 Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion

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email: jothereadhead68@gmail.com



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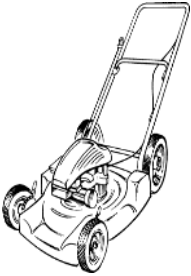
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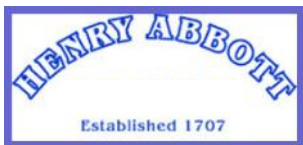
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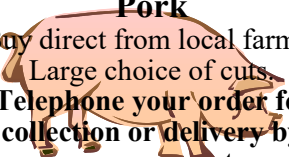
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Website : www.achurchnearyou.com/debenham (this page has links to the other churches in the Benefice, and Together is published online).

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